



Domestic Abuse Training Game



SafeLives has reviewed the content of this domestic abuse game, and we support its use within a safe training environment. We believe that domestic abuse is everybody's business and that the more people are aware of the different forms it can take; the more people can be supported to safety and long-term wellbeing. Knowing the signs also increases the opportunity to hold those who perpetrate abuse to account.



Domestic abuse affects adults and children all across the UK in large numbers, although it still remains largely hidden. Many factors including fear, shame, and guilt make it hard for people to speak out and seek support. This game is intended to raise awareness of domestic abuse, and provide information to support those who may come into contact with domestic abuse amongst friends, family, colleagues, patients, clients, etc. Responding safely and appropriately is essential. Completing the game will not make you an expert in domestic abuse, but it will help you to understand it, address some myths, break some taboos and guide you to access appropriate support.

SafeLives would always recommend that the person leading the game has a good background knowledge of domestic abuse, safeguarding and local/national frameworks for support.

SafeLives, the UK-wide charity dedicated to ending domestic abuse, for everyone and for good.

This information is also available online at: www.dvgame.co.uk



Due to the high prevalence rates of domestic abuse, it is possible that people playing the game will have been affected by domestic abuse. This may be as children growing up in households where a parent was being abused, experiencing domestic abuse directly from a current or ex-partner, or supporting a friend or family member who is experiencing abuse.

SOURCES OF SUPPORT:

England: Freephone 24 hour National Domestic Abuse Helpline:
0808 2000 247 (*run by Refuge*)

Northern Ireland: 0808 802 1414

Scotland: 0800 027 1234

Wales: 0808 8010 800

Men's Advice Line: 0808 801 0327

Respect helpline: 0808 802 4040 (*for anyone worried that they may be harming someone else*)

Dyn Wales/Dyn Cymru: 0808 801 0321 (*for men in Wales experiencing domestic abuse*)

Galop: 0800 999 5428 (*national helpline for lesbian, gay, bisexual and trans people experiencing domestic abuse*)

Forced Marriage Unit: 0207 008 015

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